

How to Build a Rain Stick from Cardboard Tubes

You will need...

- 1 fully-sized grown-up to help you – very important!
- Toilet roll or kitchen roll. A thick cardboard roll from a roll of cling film or aluminium foil is best, though.
- Some dry rice, small stones, or anything small and hard that you can put in your tube to make the rain sound.
- A plastic or paper bag
- Scissors
- Elastic bands or Sellotape

Step One:

Decorate your cardboard roll! Use paint, pens, pencils, glitter, glue, whatever you like! Be careful not to make any holes in the cardboard, but if you do you can patch it up with a small piece of Sellotape.

Step Two:

Ask your grown-up to help you cut out two quite big circles from your bag using the scissors.

Important: they don't have to be perfect circles! Then, use an elastic band to secure a circle to one end of the tube. Alternatively, you can use Sellotape to stick it down.

Step Three:

Pour rice, stones, or whatever else you like into your tube. You don't have to just use one thing and if you can put different objects into your tube it will make different sounds when it's finished. Try not to fill up your tube too much or it won't make much sound!

Step Four:

Use your remaining big circle cut out from your plastic bag to cover up the other end. Use an elastic band or Sellotape to attach it. Your rain stick is finished! You can make different sounds by turning it upside-down and letting whatever is inside fall to the bottom. Or you can shake the rain stick like a tambourine. See what else you can come up with!

Try playing along to some of the rainy Welsh songs that we've sent out!

Shortcut

For something easier (or if you don't have any cardboard tubes), use a plastic water bottle instead. You could also try putting rice or stones in a very small box (perhaps some packaging from the shops) and sealing it shut with some Sellotape to make your very own egg shaker!