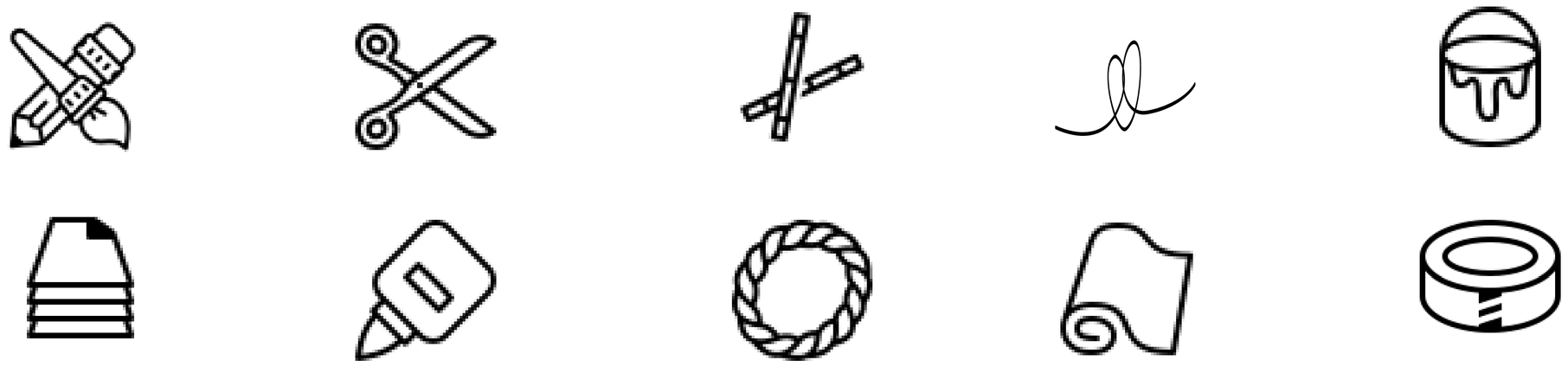
Activities:

- Make you own paint brushes & try them out.
- Patchwork Message Honeycomb message board
- Make your own Finger drum
- Origami Concertina Sketchbook
- Cat Mask
- Wolf Mask



You will need:

- Scissors
- Pencils and or pens
- Tape (any kind is fine)
- Paint
- Any sticks, grasses etc you can find outdoors
- A3 drawing paper (included)
- Empty can
- Balloon (Optional)
- Newspaper or tissue paper
- String or elastic
- Glue

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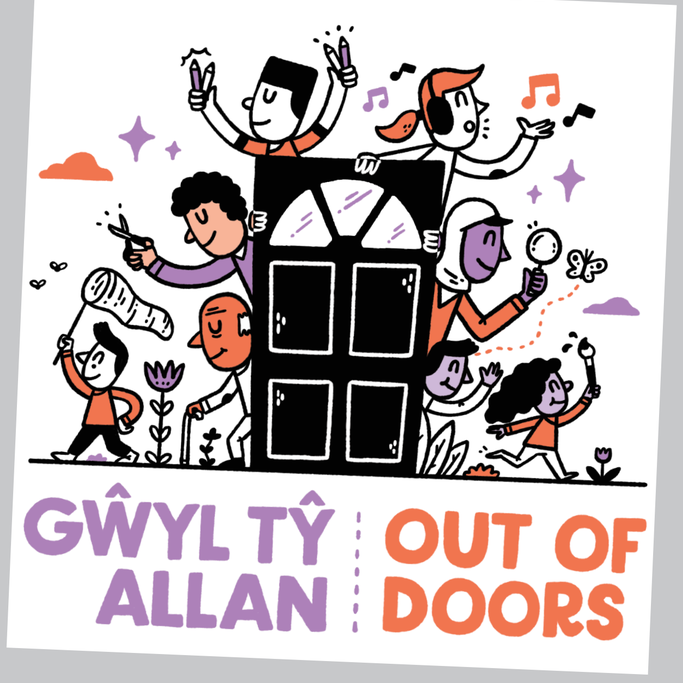

CREATIVITY PARCEL

KEYSTAGE 3 (ALN)

Make your own paint brushes

You will need

- Materials from nature - several sticks , and any moss , leaves, grasses & ferns etc you can find
- Masking tape or any type of sticky tape
- Some scissors
- Some paint

Challenge yourself try to make a paintbrush with just natural materials from the park or your garden

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Make your own paint brushes

Step One:

Choose one stick that is quite straight which can be your paint brush handle.

Next you will need something for the bristles.
Here are some ideas:

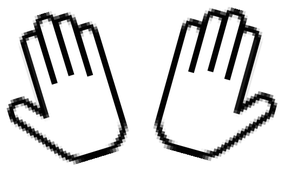
- Small twigs and leaves
- Moss
- Heather
- Straw or grasses

Step Two:

Then bunch together some of the materials that you have collected around the end of the stick you have chosen to be the handle.

It's a bit like making a mini broomstick!

Then with one hand holding your 'brush' together and wind masking tape around at the end of the handle to attach the brush material.



You might find you need to get someone to help to lend an extra hand.

Step Three:

Once you have your twigs etc attached to your handle then you can trim your brush if it needs it.

If you find lots of handle type sticks, then you can make lots of different brushes.

Here is a quick method if you are short of time or don't have tape - just use a bulldog clip or clothes peg!

See our next sheet for some ideas to practise mark making.

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Fun painting / Drawing Exercises

This is just for fun and there is no right or wrong way to do it!

Step One:

Warm ups

- Find some interesting things to draw from outdoors
  eg some leaves or a snail shell or anything that you like the look of.
- Get some paper and something to draw with - a pencil or a biro is fine.

Remember these are just exercises for fun so don't worry what it looks like.

- Try drawing your chosen objects with the wrong hand - the one you don't usually use
- Try drawing the objects again but you can only look at the objects and ***not*** at your paper or what your pencil/pen is doing!
- For the last exercise you have 30 seconds to look really hard and carefully at the object.
  Now you can draw it but you have to keep your eyes closed.

NO PEEKING!

These exercises are just for fun but they can really help you to practise looking and find different ways of looking and seeing. It is good to do them every day with different items to draw - you can choose anything that you like.

Time to get organised!

Step Two:

- Now we are going to try making some marks with
  our homemade paint brushes.
- Make sure that you cover your area with newspaper and
  that you are wearing clothes that it does not matter if they get messy and or an overall.
- Have several sheets of paper ready and somewhere to put them as they dry!
- Get some paint or ink in a plastic pot or jam jar.
- Now just enjoy experimenting with your brushes - See what marks they make.

You can create some really great abstract paintings so don't worry about any drips or splashes; they are all part of the picture.

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CREATIVITY PARCEL

KEYSTAGE 3 (ALN)

Make Patchwork Notice board

You will need:

- Paper
- Scissors
- Glue
- Any colouring pens / pencils etc that you like

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Make Patchwork Notice board

This exercise is based around one drawing or message each day, for a week. and you can get as many people involved as you like.

The idea is based around the shape of a honeycomb and uses hexagons. The message board can be pinned up anywhere, on a wall, or on the fridge, or on a piece of card or paper,

Step One:

- Use the sheet printed with hexagons to start off your message board.
- Underneath here is a template that you can also cut out and draw around on different colours of paper or event material if you like.

It's a bit like a daily diary in pictures and messages.

Step Two

- On your first hexagon you can draw anything you like - or write a message - how are you feeling today?
- Tomorrow do the same again - cut out or choose a hexagon and draw something or write a message then pin or stick your hexagon in place alongside the first.

Gradually you will build up a whole honey comb of pictures and thoughts to look back on.

This can be a good way to share how you are feeling with other people.

Use this as a template - you could stick it onto some card so it lasts longer.

Or you can make a theme for your message board - nature, animals, sports - whatever you like best.

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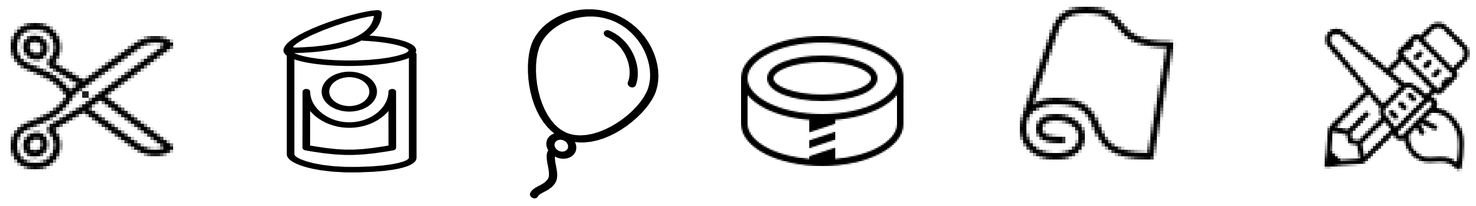
GWYL TŶ ALLAN | OUT OF DOORS

CREATIVITY PARCEL

KEYSTAGE 3 (ALN)

Homemade Finger Drum



You will need

- A empty clean can
- Balloon optional
- Tape (Electrical tape is best)
- Paper
- Colour pens pencils paints etc to decorate (optional)

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Homemade Finger Drum

Step One:

- Make sure your can or pot is empty, clean and dry. If you do not have a balloon then don't worry you can customise the can and simply use it as it is or use the balloon as described in step two

Step Two

- Using your scissors cut the narrow end off the balloon (like this)

- Hold your can between your knees and carefully stretch the balloon over the open end of your can so it makes a tight skin for your drum.
- Secure the balloon in place by winding the tape tightly around the top edge of the can.

Step Three

- Test out your drum for sound - you can use your fingers or a pencil, a chopstick or piece of stick.

You could make a whole drum kit with other sizes of cans or yogurt cartons to make different sounds.

Step Four

- If you are happy with the sound then you can decorate your drum.
- Cut a piece of paper to go around the can (You could use the can label as a guide)
- Decorate the paper however you like and then stick it onto your drum with glue/ sellotape or more of the electrical tape.

Here is a list of other things you could use to make your own unique drum kit.

For the drums:

- Pots and Pans
- Plastic Crates, Cartons and Bottles
- Cardboard Boxes
- Plastic Plates and Bowls
- Metal Cutlery (Forks and Spoons)
- Keys – try jangling them!

For the Drum sticks:

- Wooden Spoons
- Pens / Pencils
- Your fingers, palms, fists, and feet!

If you have access to the internet there's lots of inspiration - eg. just search for ***Argos Drumfromhome***

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Origami / Concertina Sketchbook

You will need

- Paper
- Scissors
- Ruler
- Ribbon or string
- Pencils, Colour pens pencils paints etc

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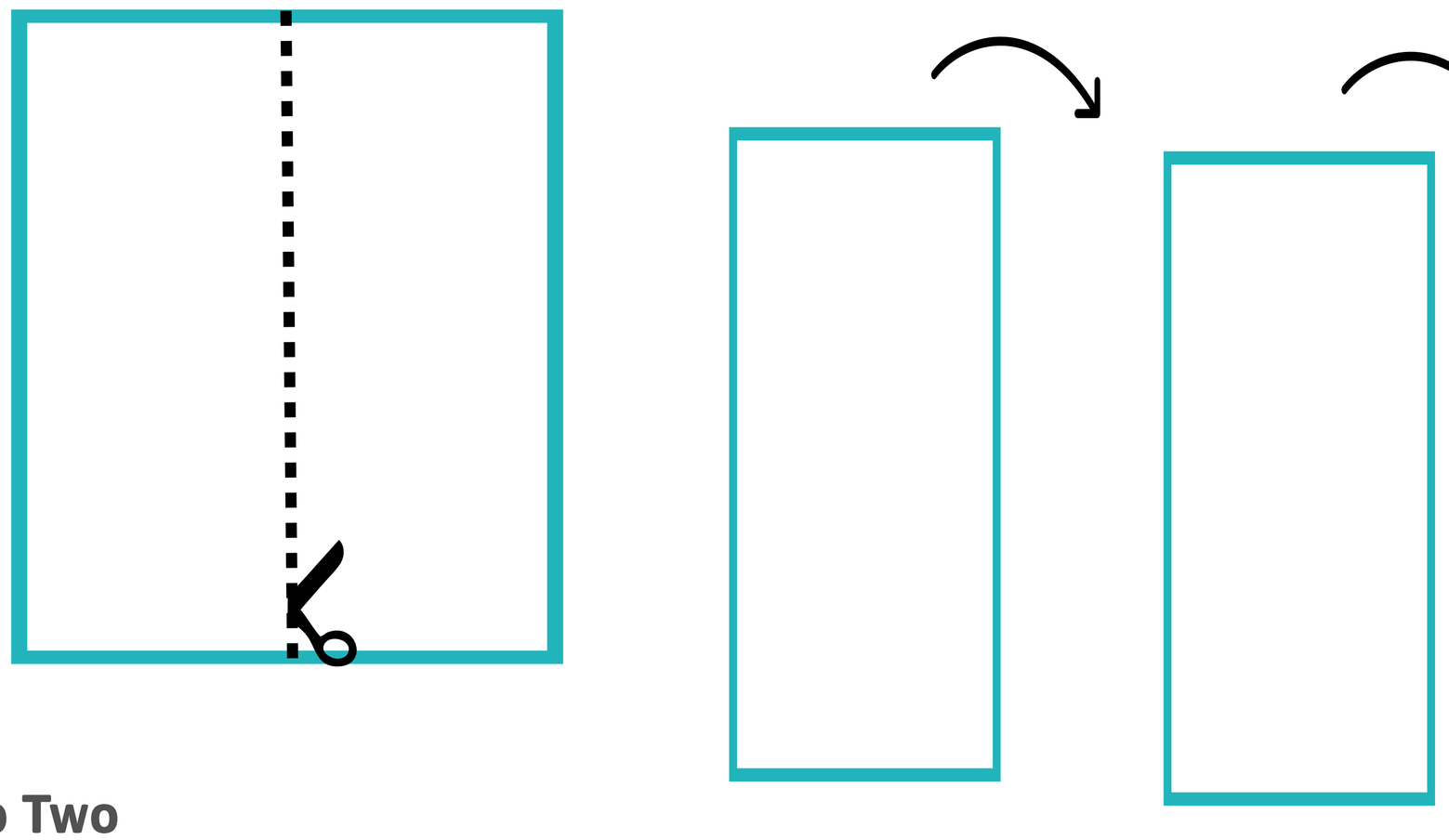
Origami / Concertina Sketchbook

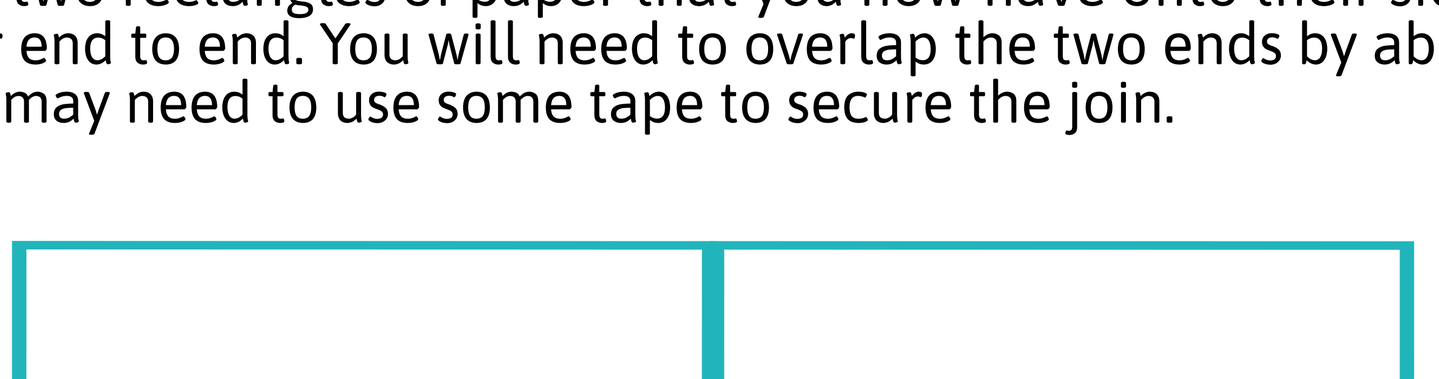
Step One:

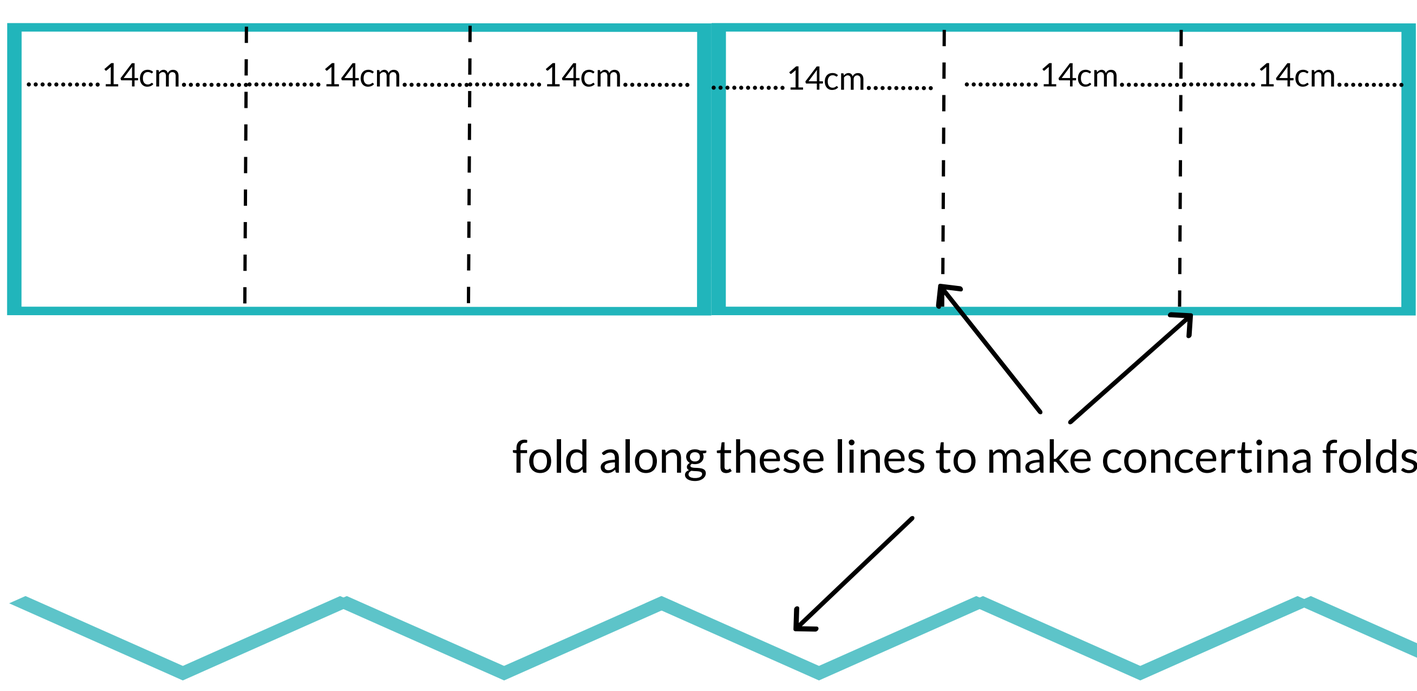
- Use 2 pieces of A3 cartridge paper.
- Fold both sheets of paper in half lengthways and cut carefully along the folds.



Step Two

- Turn the two rectangles of paper that you now have onto their sides and stick together end to end. You will need to overlap the two ends by about 1cm and you may need to use some tape to secure the join.





Now you have a little personal sketchbook to fill.

Step Three:

- Use some ribbon or string to tie your book shut.
- Or if you have some card you can make it a cover - remember to stick just one end of your paper into the cover.

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GWYL TŶ ALLAN | OUT OF DOORS

CREATIVITY PARCEL

KEYSTAGE 3 (ALN)

Cat Mask

You will need

- A friend or sibling to help you
- Templates (included)
- Tape or glue stick
- Colour pens, pencils, paints etc to decorate
- String or elastic

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Cat Mask

TOP TIP:
mark the back of your cut out pieces with the letters next to each piece

Step One:

- Start by colouring in your cat mask. You can use pencils pens or paint depending on what you have in your home.

Find and a grown up to help you.

Step Two

- Once you've finished colouring your cat. Cut out template (a)
- Cut out the inside of the eyes too by snipping a little hole in the centre and then cutting around the edge. Don't cut out the eye lids.

Step Three

- Cut along the dotted lines on the cheeks then fold your card to meet the black line next to it. Tape or glue in place.

Step Four

- Cut out your nose (b.) and whiskers (d.) and stick them place.
  You can curl the end of the whiskers

Step Five

- Next cut out your cat ears (c.) and fold them along the line. Tape or glue them in place.

Step Five

- Attach string or elastic to the sides of your mask. To do this hold your mask against your face and get someone to measure how much string you'll need so you can tie the two pieces of string at the back.

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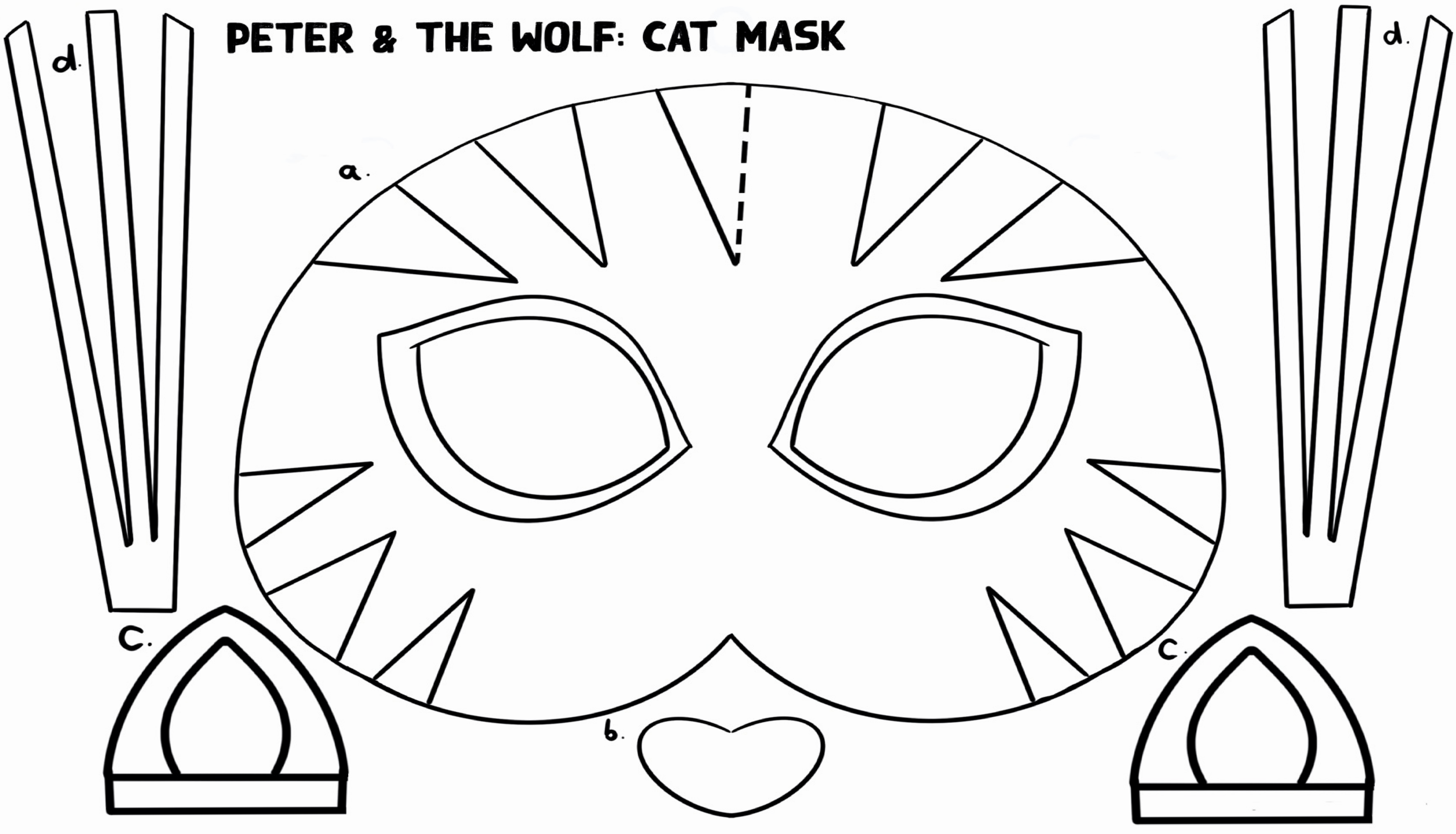
PETER & THE WOLF: CAT MASK



Wolf Mask

You will need

- Card printed with templates (included)
- Scissors
- Stapler
- String or Elastic
- Pencils, Colour pens, pencils, paints & paint brushes etc
- Newspaper and or scraps of other paper

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Wolf Mask

Step One:

- Start by colouring in your wolf mask pieces. You can use pencils pens or paint depending on what you have in your home. I've used pencils first my shading in light and dark areas and using different parts of the pencil to create different textures. You can also press harder with your pencil to create darker areas and use the side of your pencil to create a softer feel.

- When using the paint on top of the pencil marks I used multiple brushes with different brush ends. Try dabbing the brush, using lighter brush strokes with a thinner brush and using the paint really thickly too. You can practise your marks on some scrap paper first.

- Once you're happy with your layering of pencils and paint and it's dry you can go over any black lines that you might have painted over.

Step Two

- Cut out template (a.) Cut out the inside of the eyes too by snipping a little hole in the centre and then cutting around the edge.2.

- Next cut out (d.) Then cut along the dotted line then fold your card in slightly. Tape or glue in place.

- Cut out your nose (f.) stick to the end of the snout.

Step Three

- Cut out (d.) and attached to the top of the head in the centre and attach to sides but bend it slightly so it's 3d (see photo below).

- Next cut out the inside of your wolf ears (b.) and attach them with a bend. Cut out the eyebrows (g.) and attach at just the one point so that they stick up. You can also add some biro strokes to the eyebrows for finer details. Cut out the two parts (e.) and attach at a curve below the eyes.

Step Four

- Next you can cut out all of (h.) and (i.). With these parts it's up to you where you attach them.
  Feel free to be as creative as you like. You can also draw out more to add lots of layers.

- Now you can introduce another material which is newspaper.
  Cut out similar shapes to the ones you've just cut out and add these to your mask too. Stick them down at the tip and curl the rest of the shape up with your finger.

- Finally, attach string or elastic to the sides of your mask. To do this hold your mask against your face and get someone to measure how much string you'll need so you can tie the two pieces of string at the back.

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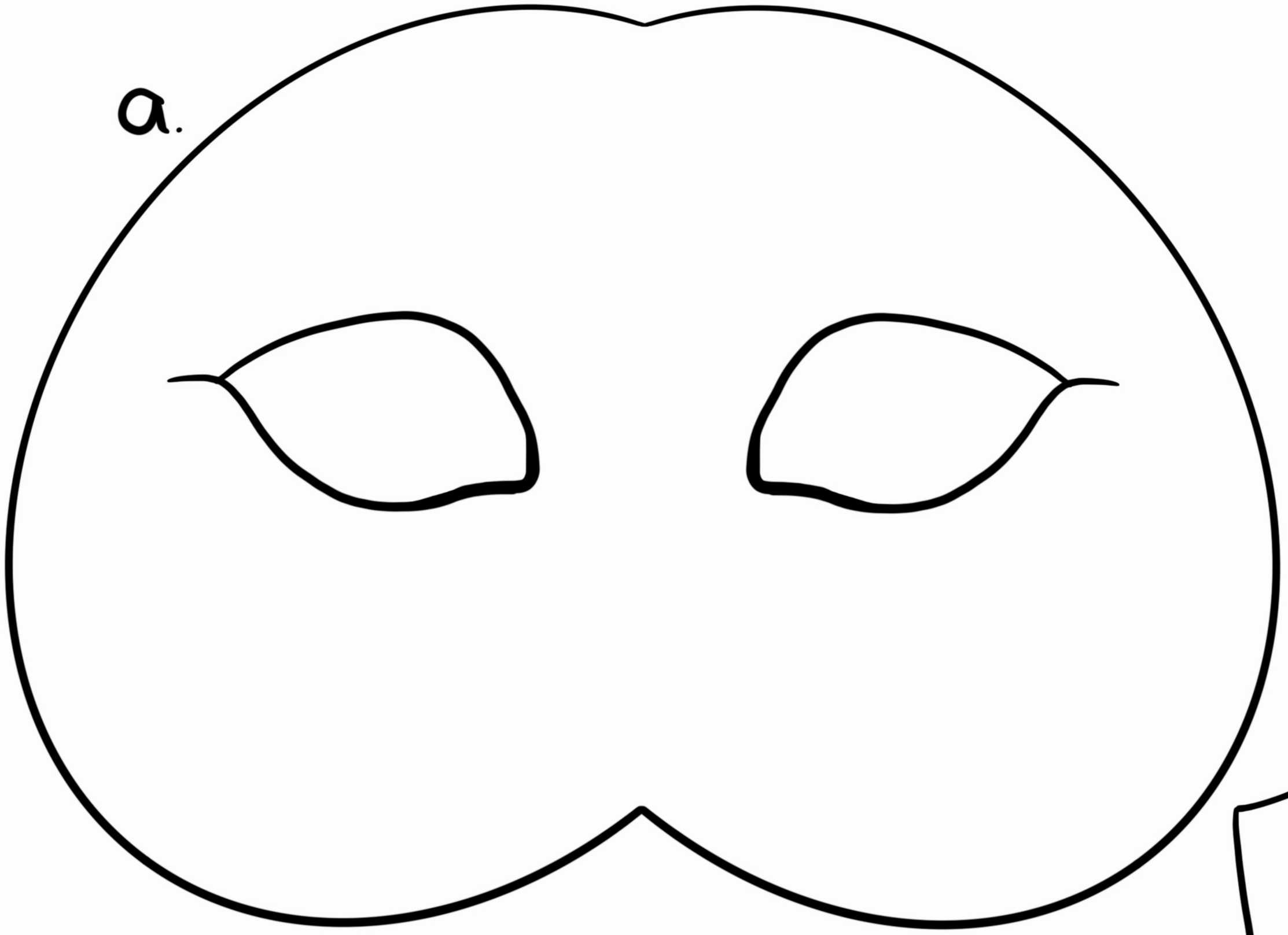
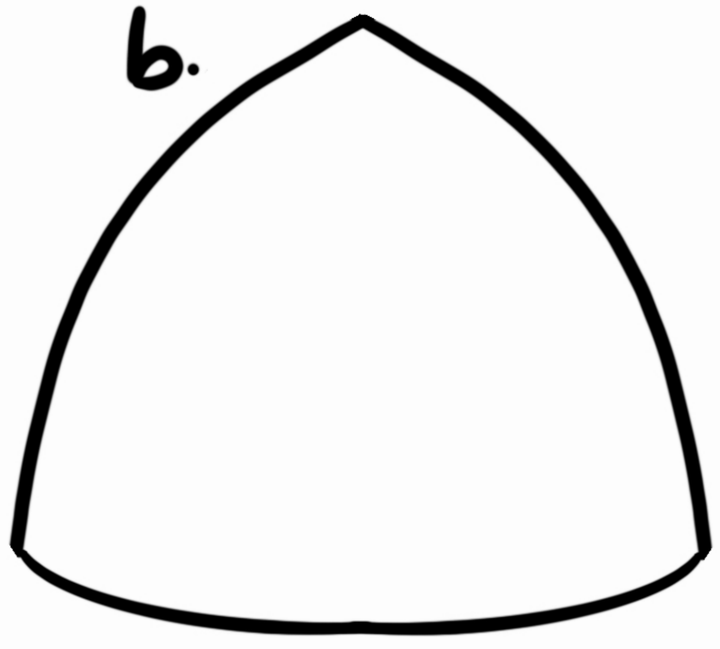
PETER & THE WOLF: WOLF MASK

a.



b.



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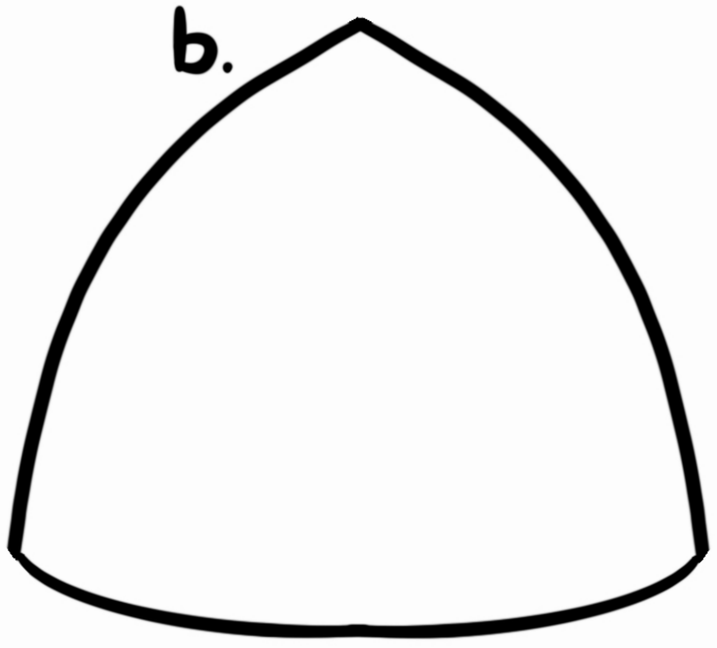

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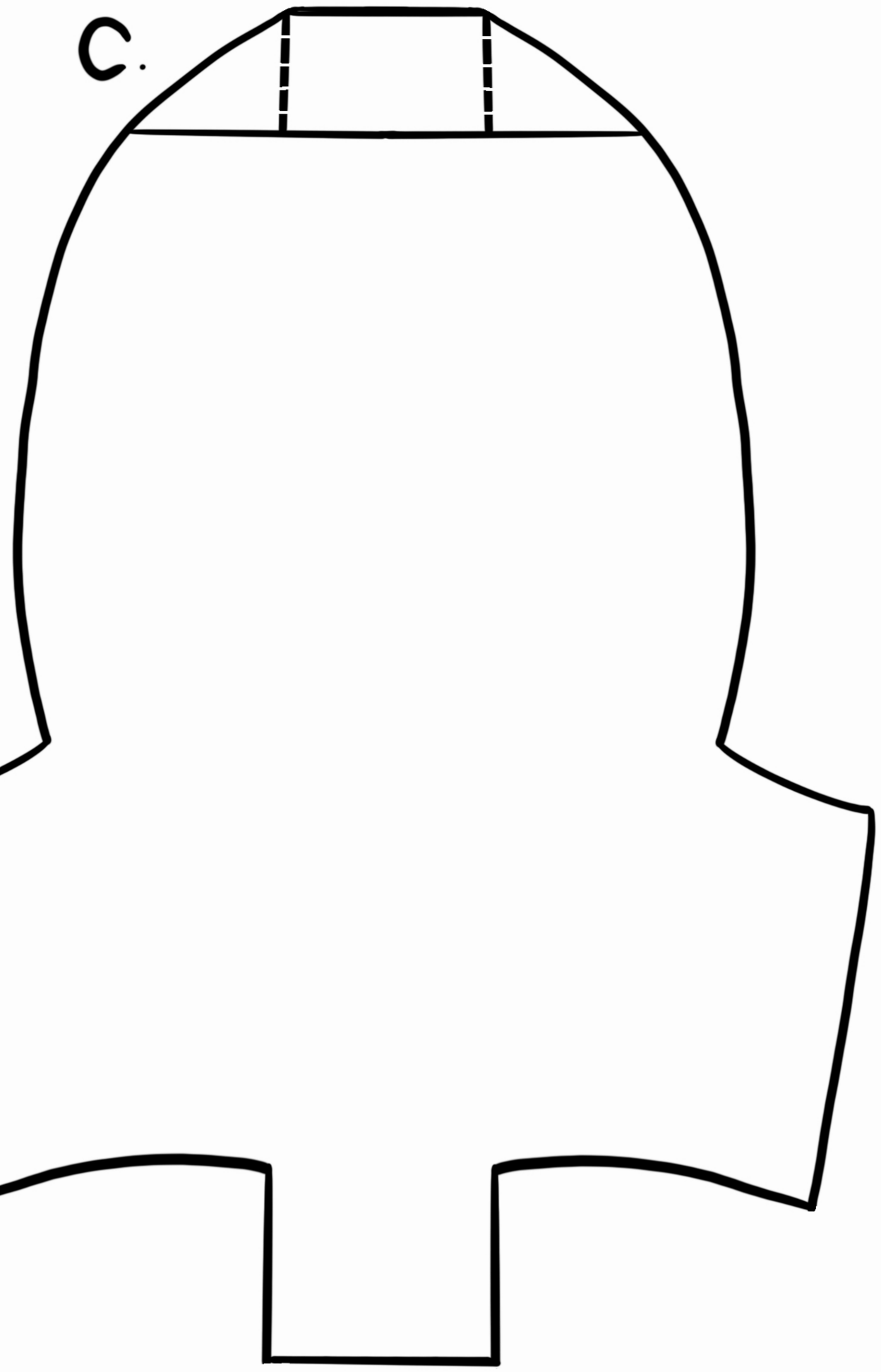

PETER & THE WOLF: WOLF MASK

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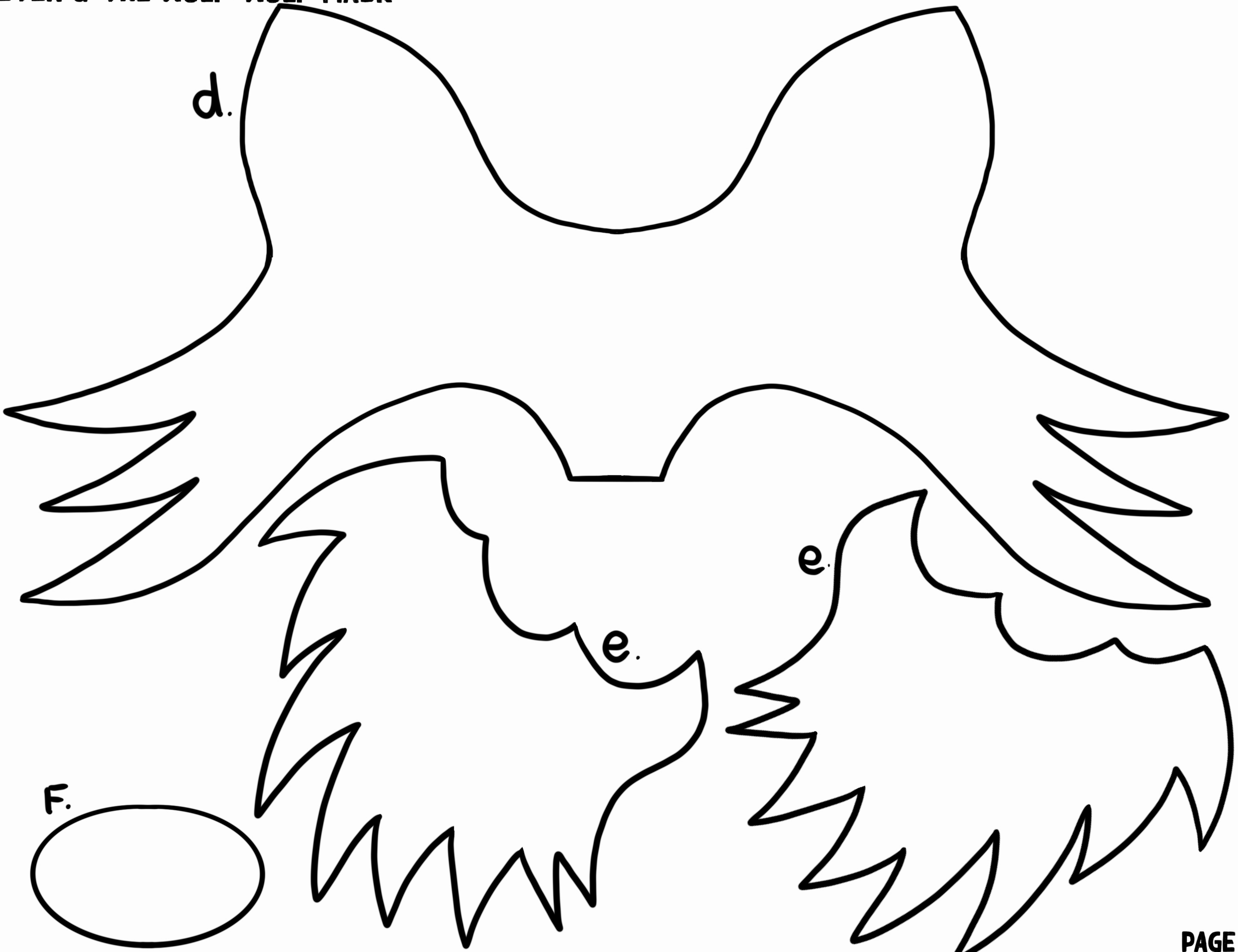

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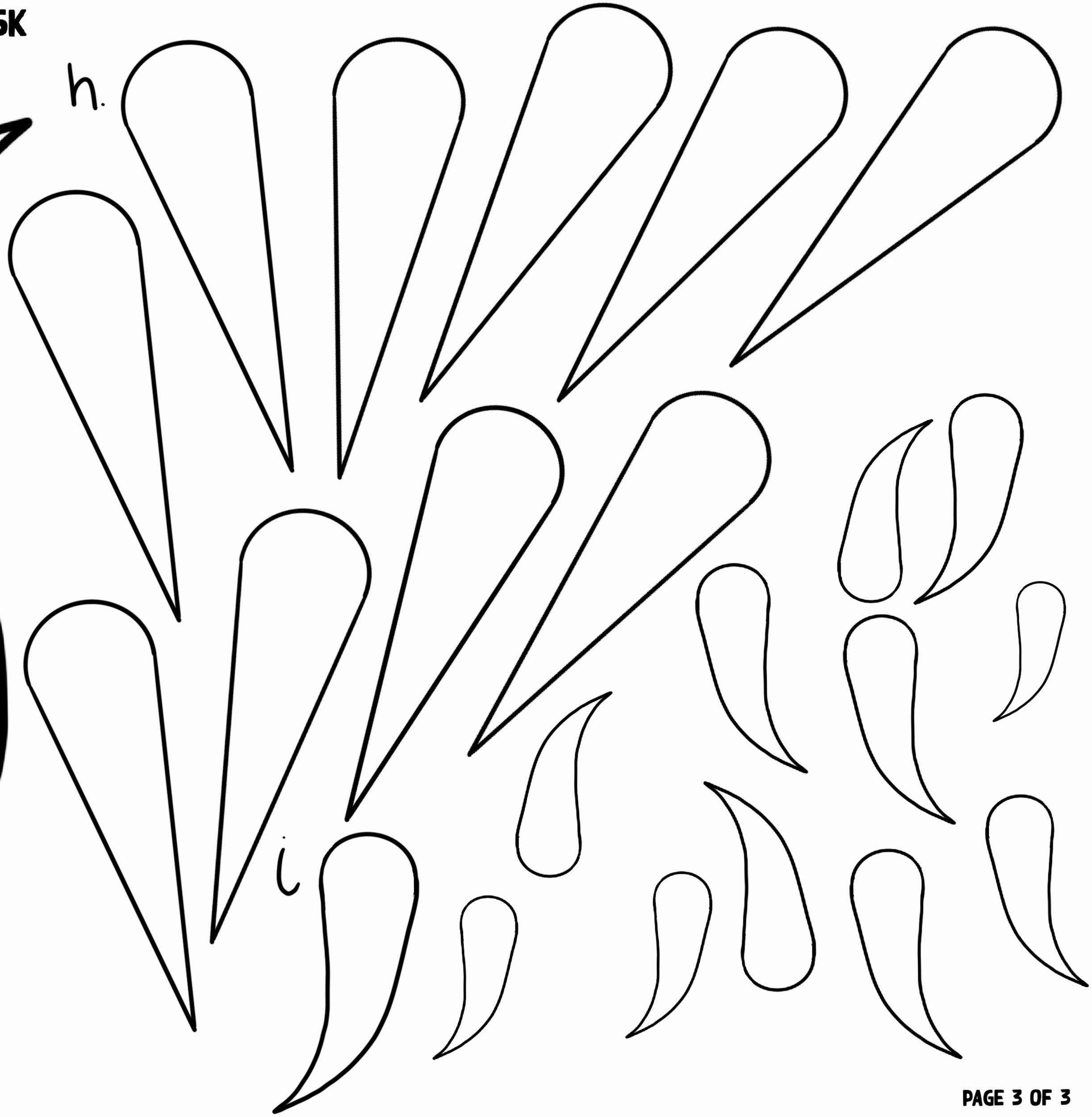
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