



Activities:

- Origami Concertina Sketchbook
- Make you own paint brushes from nature
- Make your own Finger drum
- Carnival Bird Mask
- Comic Book Characters



You will need:

- Scissors
- Pencils and or pens
- Tape (any kind is fine)
- Paint
- Any sticks, grasses etc you can find outdoors
- A3 drawing paper (included)
- Empty can
- Balloon (Optional)
- Newspaper or tissue paper
- String or elastic
- Glue



Origami / Concertina Sketchbook



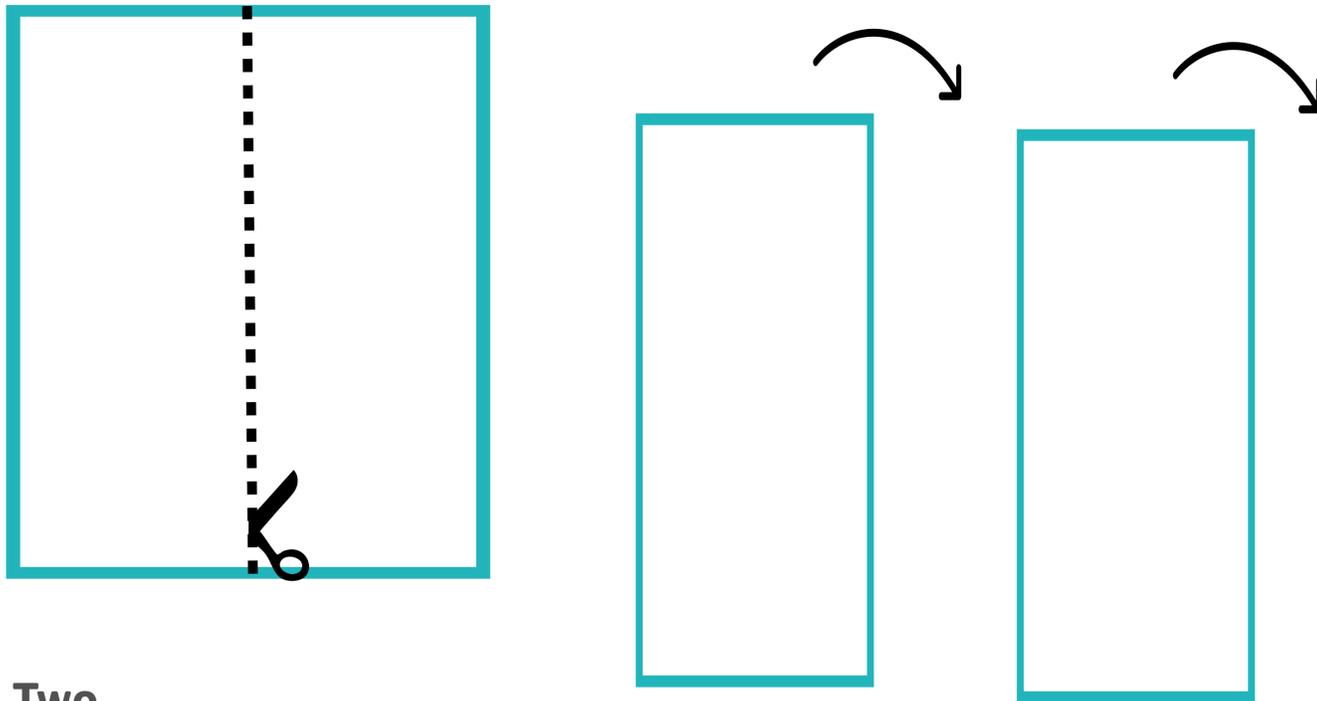
You will need

- Paper
- Scissors
- Ruler
- Ribbon or string
- Pencils, Colour pens pencils paints etc

Origami / Concertina Sketchbook

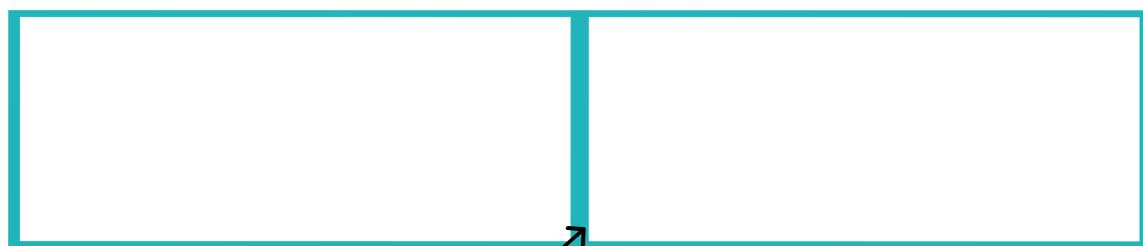
Step One:

- Use 2 pieces of A3 cartridge paper.
- Fold both sheets of paper in half lengthways and cut carefully along the folds.

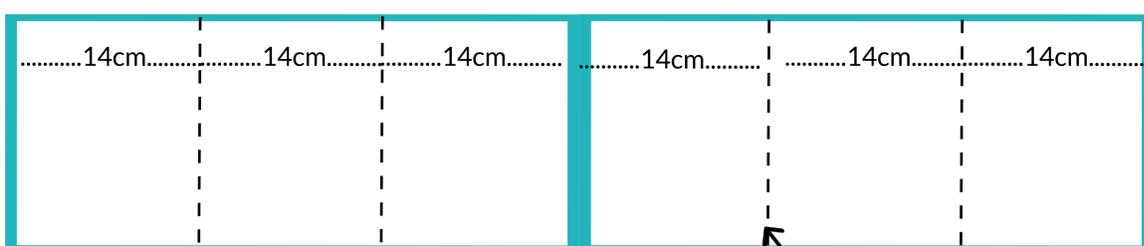


Step Two

- Turn the two rectangles of paper that you now have onto their sides and stick together end to end. You will need to overlap the two ends by about 1cm and you may need to use some tape to secure the join.



glue and or tape this joint



fold along these lines to make concertina folds



Now you have a little personal sketchbook to fill.

Step Three:

- Use some ribbon or string to tie your book shut.
- Or if you have some card you can make it a cover - remember to stick just one end of your paper into the cover.



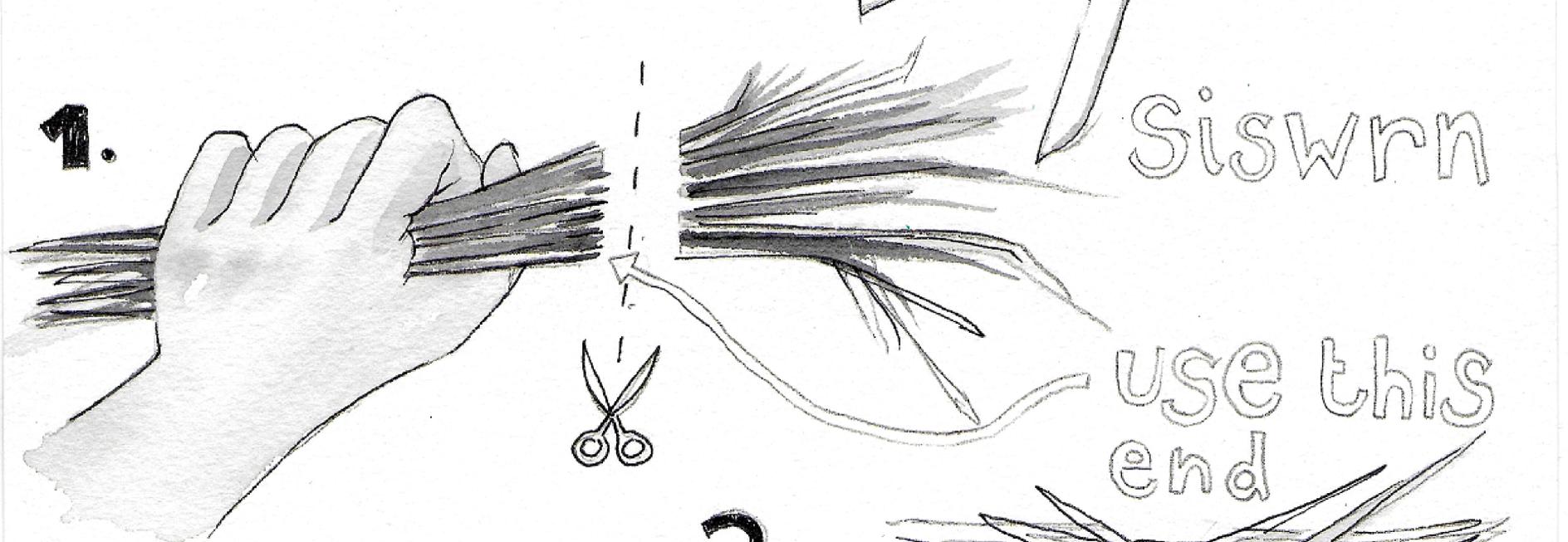
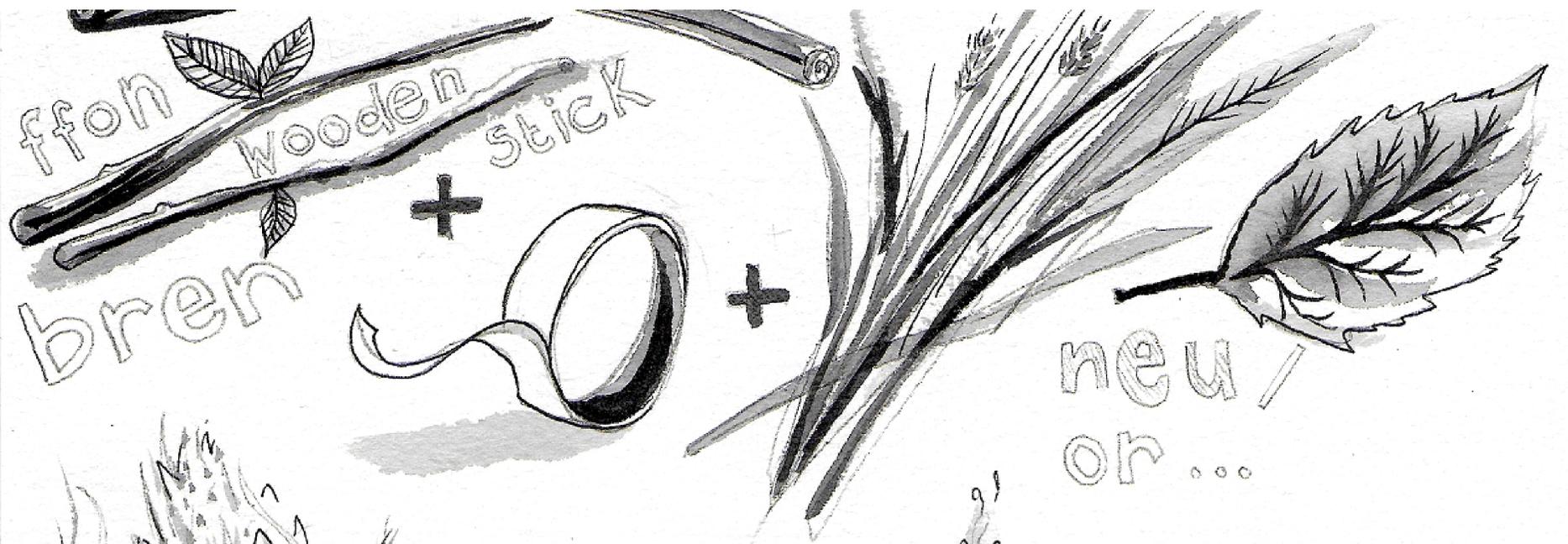
Make your own paint brushes



You will need

- Materials from nature - several sticks , and any moss , leaves, grasses & ferns etc you can find
- Masking tape or any type of sticky tape
- Some scissors
- Some paint

Challenge yourself try to make a paintbrush with just natural materials from the park or your garden



Make your own paint brushes

Step One:

Choose one stick that is quite straight which can be your paint brush handle.

Next you will need something for the bristles.

Here are some ideas:

- Small twigs and leaves
- Moss
- Heather
- Straw or grasses

Step Two:

Then bunch together some of the materials that you have collected around the end of the stick you have chosen to be the handle.

It's a bit like making a mini broomstick!

Then with one hand holding your 'brush' together and wind masking tape around at the end of the handle to attach the brush material.



You might find you need to get someone to help to lend an extra hand.

Step Three:

Once you have your twigs etc attached to your handle then you can trim your brush if it needs it.

If you find lots of handle type sticks, then you can make lots of different brushes.

Here is a quick method if you are short of time or don't have tape - just use a bulldog clip or clothes peg!



See our next sheet for some ideas to practise mark making.



Fun painting / Drawing Exercises

Step One:

Warm ups

- Find some interesting things to draw from outdoors eg some leaves or a snail shell or anything that you like the look of.
- Get some paper and something to draw with - a pencil or a biro is fine.

This is just for fun and there is no right or wrong way to do it!

Remember these are just exercises for fun so don't worry what it looks like.

- Try drawing your chosen objects with the wrong hand - the one you don't usually use
- Try drawing the objects again but you can only look at the objects and **not** at your paper or what your pencil/pen is doing!
- For the last exercise you have 30 seconds to look really hard and carefully at the object.
Now you can draw it but you have to keep your eyes closed.

NO PEEKING!

These exercises are just for fun but they can really help you to practise looking and find different ways of looking and seeing. It is good to do them every day with different items to draw - you can choose anything that you like.

Step Two:

- Now we are going to try making some marks with our homemade paint brushes.
- Make sure that you cover your area with newspaper and that you are wearing clothes that it does not matter if they get messy and or an overall.
- Have several sheets of paper ready and somewhere to put them as they dry!
- Get some paint or ink in a plastic pot or jam jar.
- Now just enjoy experimenting with your brushes - See what marks they make.

Time to get organised!



You can create some really great abstract paintings so don't worry about any drips or splashes; they are all part of the picture.



Homemade Finger Drum



You will need

- A empty clean can
- Balloon optional
- Tape (Electrical tape is best)
- Paper
- Colour pens pencils paints etc to decorate (optional)

Homemade Finger Drum



Step One:

- Make sure your can or pot is empty, clean and dry. If you do not have a balloon then don't worry you can customise the can and simply use it as it is or use the balloon as described in step two

Step Two

- Using your scissors cut the narrow end off the balloon (like this)



- Hold your can between your knees and carefully stretch the balloon over the open end of your can so it makes a tight skin for your drum.
- Secure the balloon in place by winding the tape tightly around the top edge of the can.

Step Three

- Test out your drum for sound - you can use your fingers or a pencil, a chopstick or piece of stick.

You could make a whole drum kit with other sizes of cans or yogurt cartons to make different sounds.

Step Four

- If you are happy with the sound then you can decorate your drum.
- Cut a piece of paper to go around the can (You could use the can label as a guide)
- Decorate the paper however you like and then stick it onto your drum with glue/sellotape or more of the electrical tape.

Here is a list of other things you could use to make your own unique drum kit.

For the drums:

- Pots and Pans
- Plastic Crates, Cartons and Bottles
- Cardboard Boxes
- Plastic Plates and Bowls
- Metal Cutlery (Forks and Spoons)
- Keys – try jangling them!

For the Drum sticks:

- Wooden Spoons
- Pens / Pencils
- Your fingers, palms, fists, and feet!

If you have access to the internet there's lots of inspiration - eg. just search for **Argos Drumfromhome**



Carnival Bird Mask



You will need

- Card printed with templates (included)
- Scissors
- Stapler
- String or Elastic
- Pencils, Colour pens, pencils, paints & paint brushes etc
- Newspaper and or scraps of other paper

Carnival Bird Mask



Step One:

- Start by painting or colouring your bird mask pieces. You can use pencils pens or paint depending on what you have in your home. I've used pencils first my shading in light and dark areas and using different parts of the pencil to create different textures. You can also press harder with your pencil to create darker areas and use the side of your pencil to create a softer feel.
- When using the paint on top of the pencil marks I used multiple brushes with different brush ends. Try dabbing the brush, using lighter brush strokes with a thinner brush and using the paint really thickly too. You can practise your marks on some scrap paper first.
- Once you're happy with your layering of pencils and paint and it's dry you can go over any black lines that you might have painted over.



Step Two

- Next cut out templates (b.). Bend each line on the feathers and add in more pencil strokes. Attach them at a curve underneath the eyes.
- Cut out your feathers (c.) Bend the feathers along the centre line and along the top V and add in more pencil strokes. Attach to the top of the birds head.3. Cut out feathers (d.) Bend the feather along the centre line and along the top of the V. Attach to the top of the birds head (see photo below).
- Cut out the centre feather (e.) and snip along the dotted line and fold over. Attach at a curve in between the eyes.
- Next cut out your bird beak (f and g). F will sit on the top and g at the bottom. Fold along the 3 lines on piece (f.) and attach. Fold (g.) down the centre and glue inside (f.) (see photo below)
- Next cut out (h.) Attach to the middle of the mask and curl the ends with your finger.



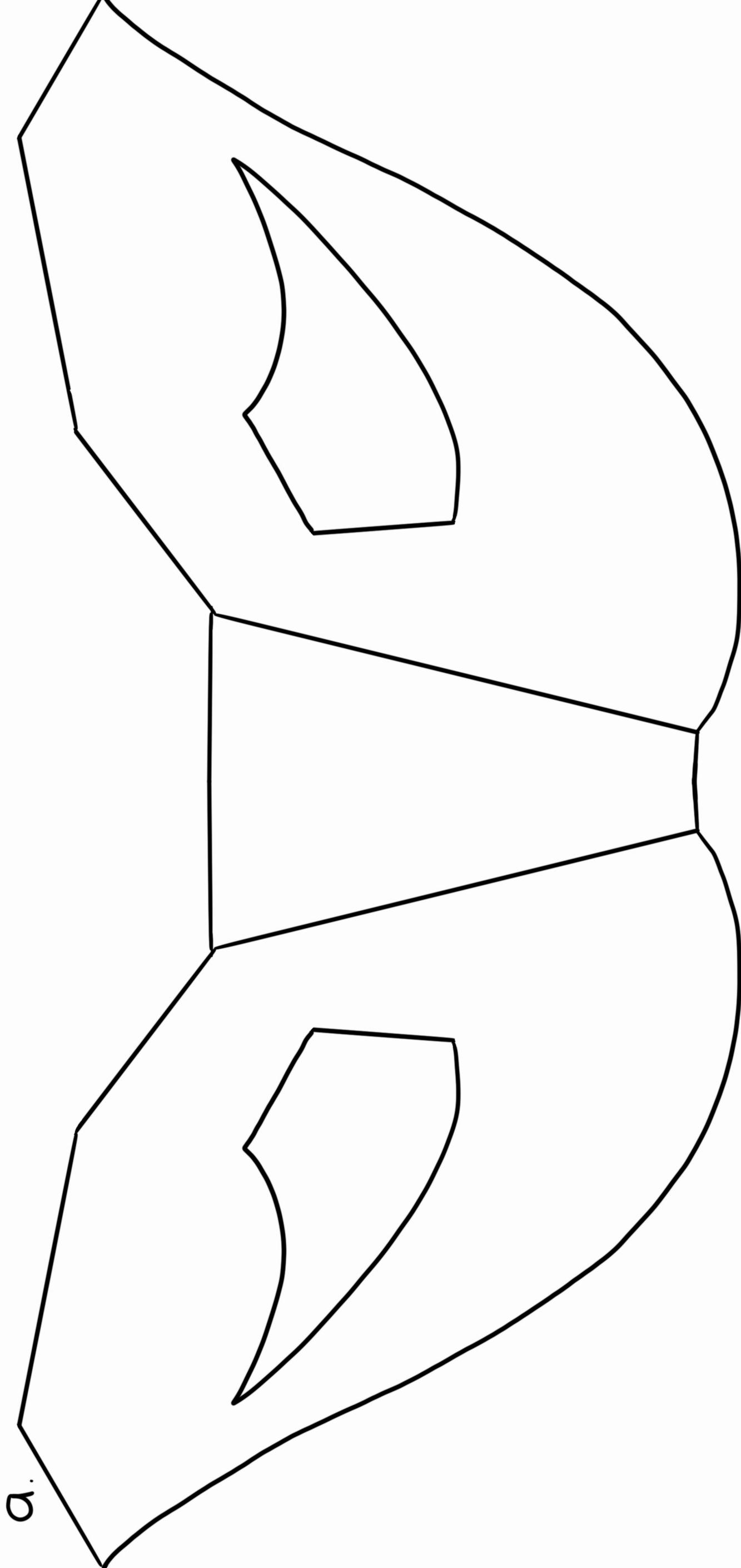
Step Three

- Paint a whole sheet of newspaper with your choice of colours, adding the paint thickly. Once it's dry cut into 3 wide strips.
- Next cut two of the strips to give them a fringe (see photo). Then attach them on the back of the mask by gathering sections at a time and taping them down.
- With the last strip of painted paper cut out some feather shapes and glue them above the centre feathers.
- If you'd like your mask to be bigger feel free to paint more paper. Where your feathers overlap glue them together for support.

Step Four

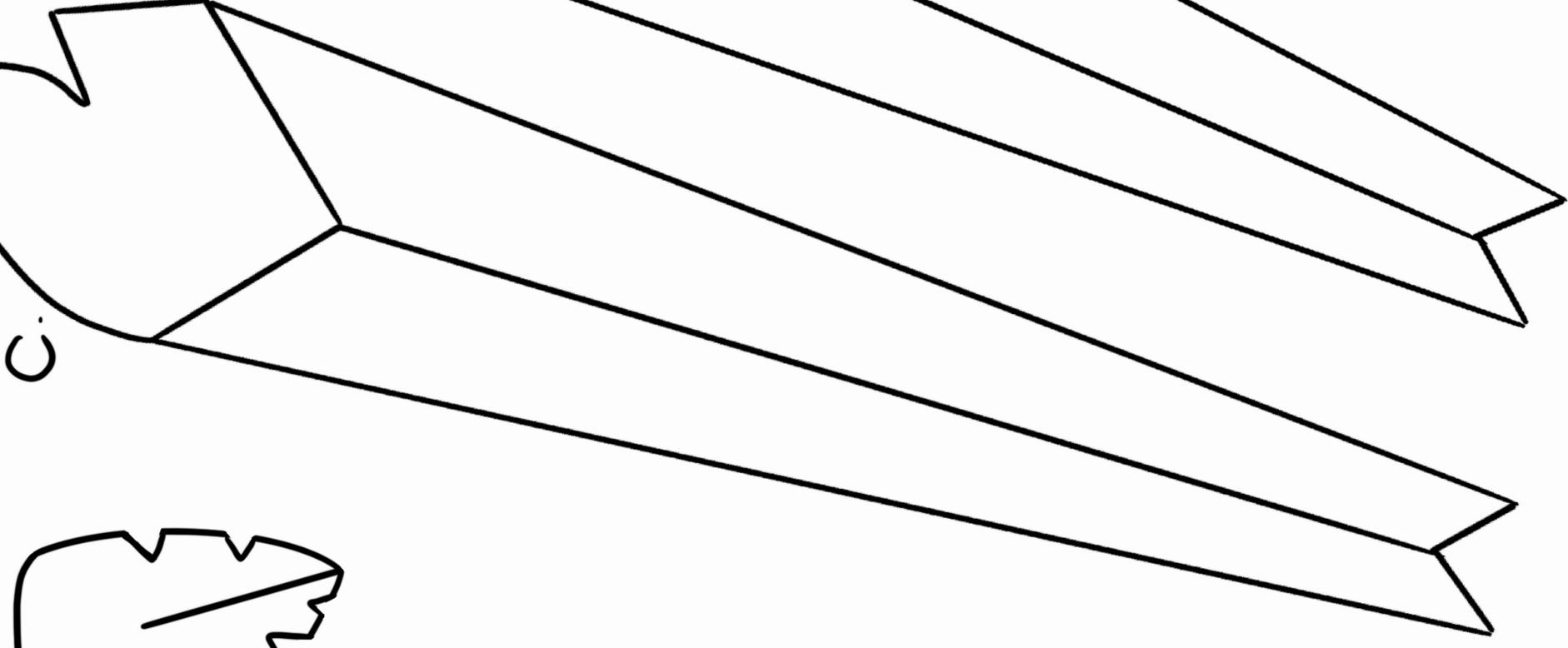
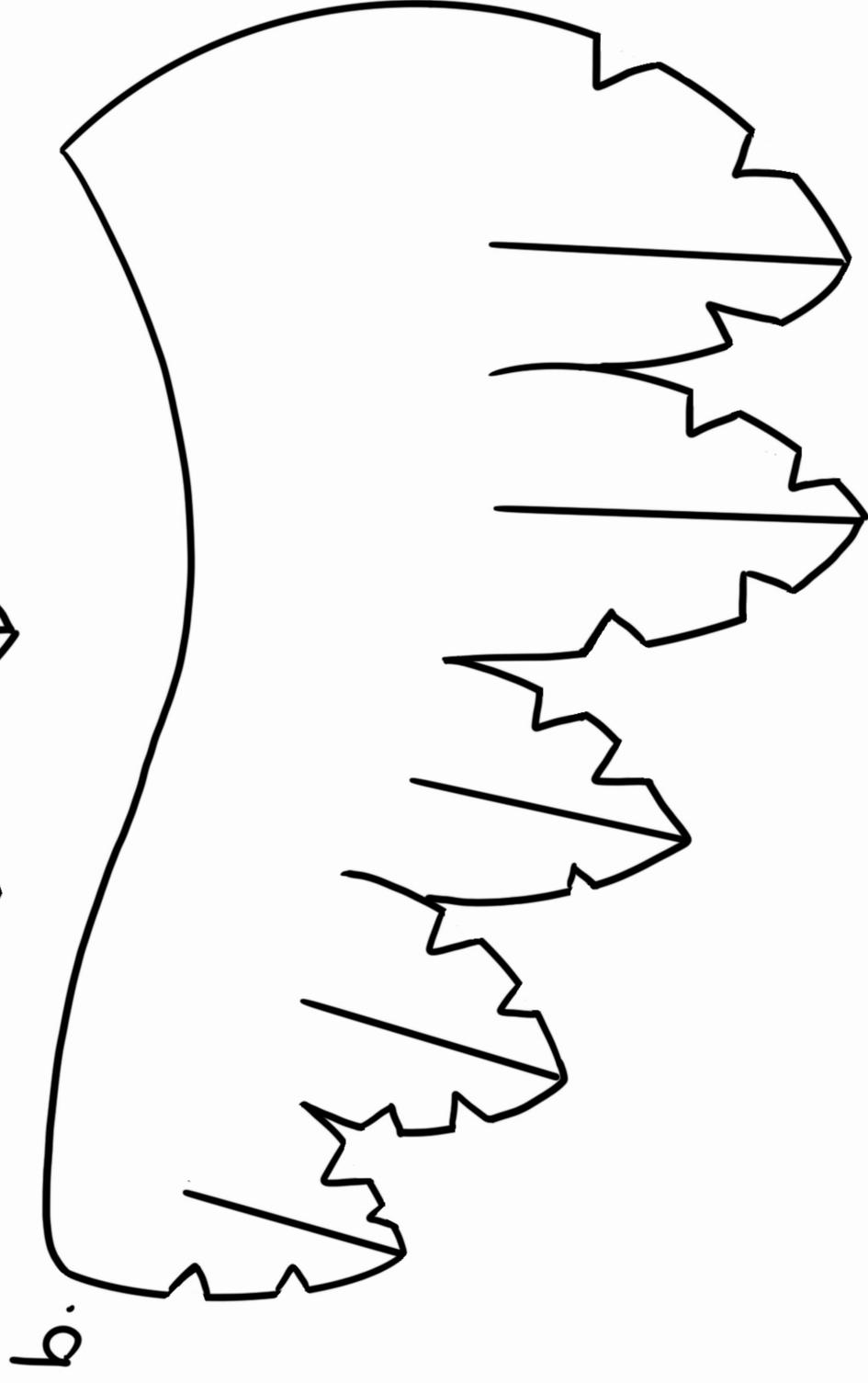
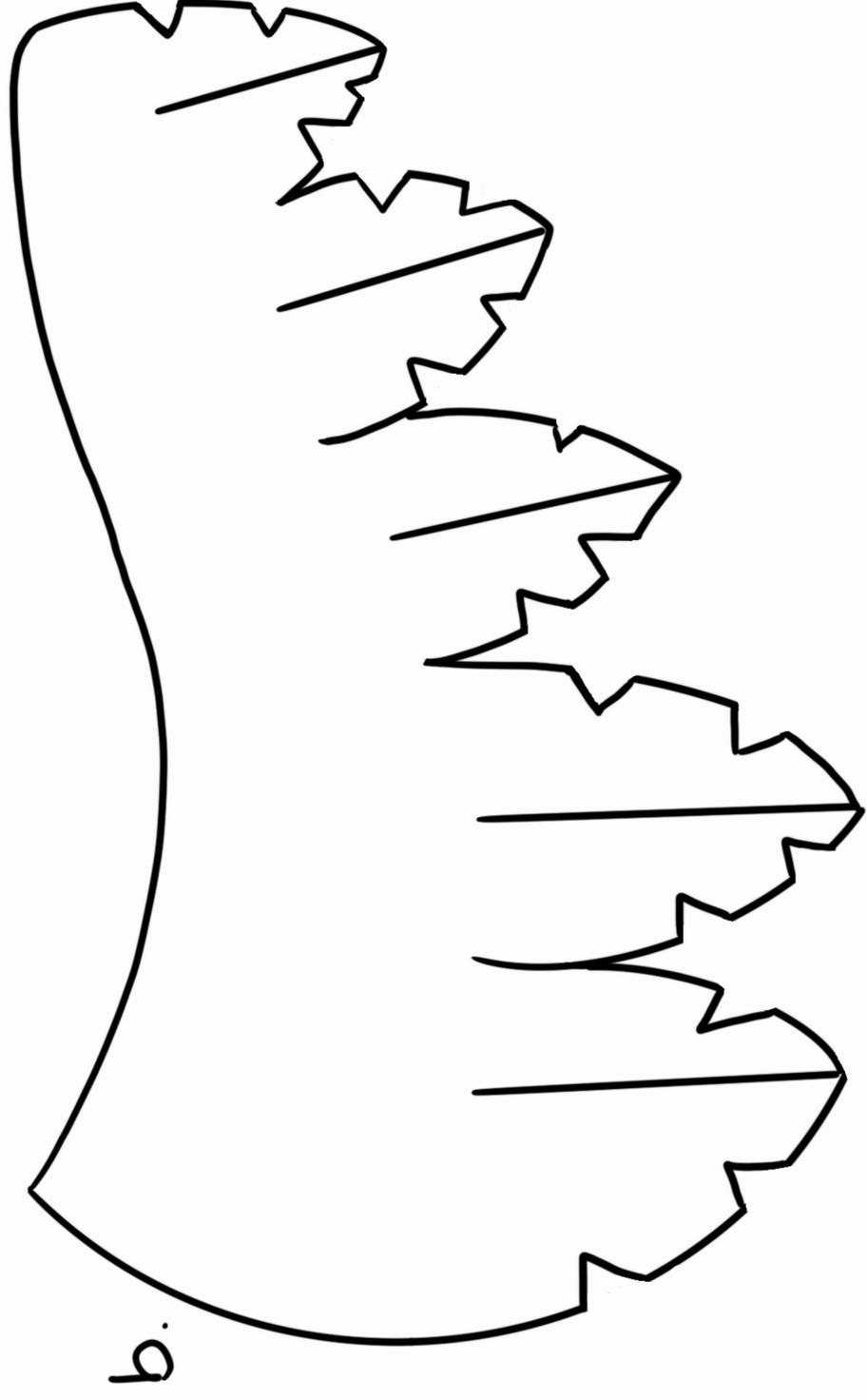
- Next cut out (h.) Attach to the middle of the mask and curl the ends with your finger.
- Attach string or elastic to the sides of your mask. To do this hold your mask against your face and get someone to measure how much string you'll need so you can tie the two pieces of string at the back.
- Finally, attach string or elastic to the sides of your mask. To do this hold your mask against your face and get someone to measure how much string you'll need so you can tie the two pieces of string at the back.

PETER AND THE WOLF: BIRD MASK

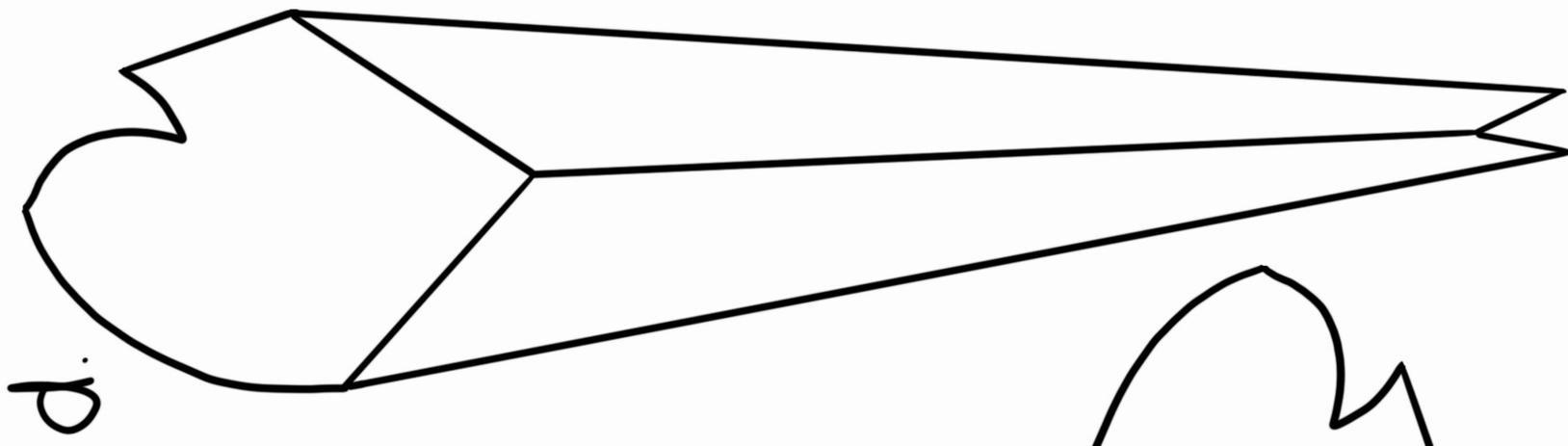
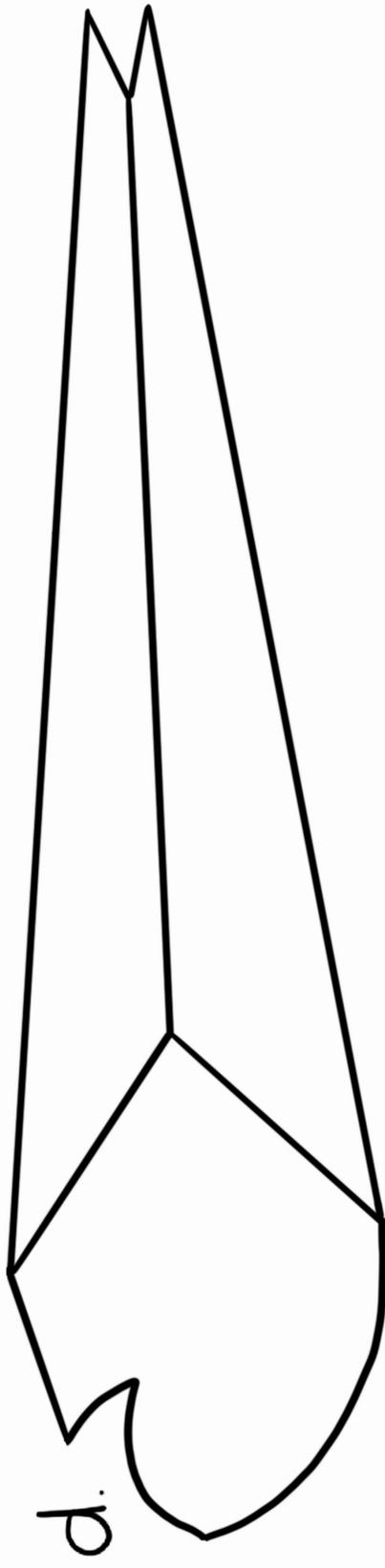
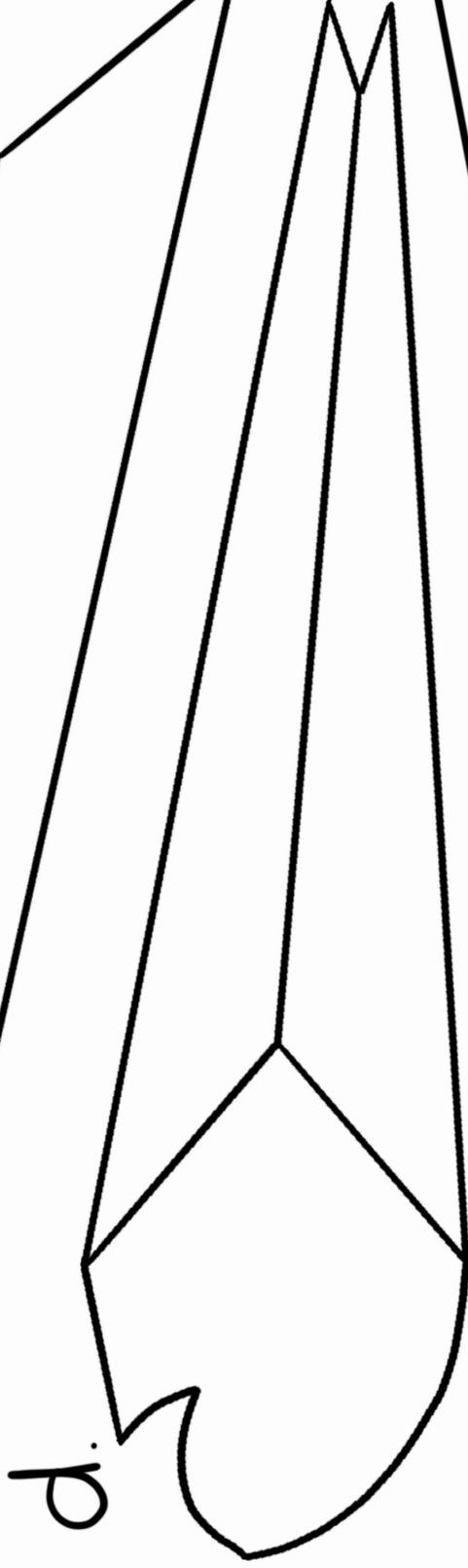
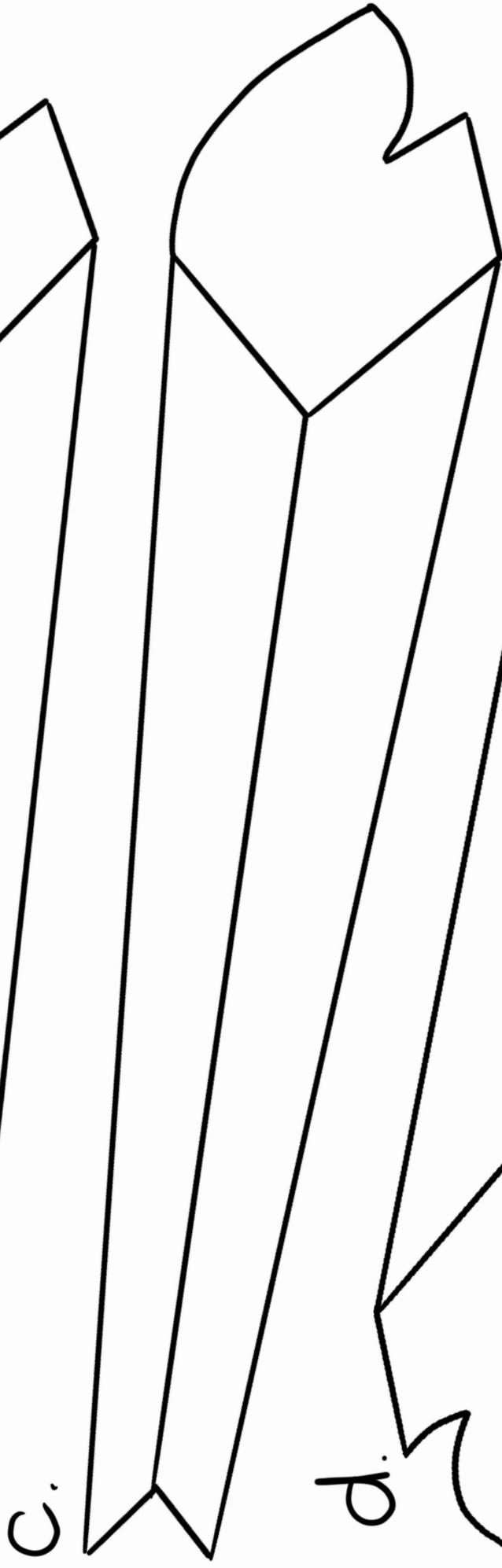
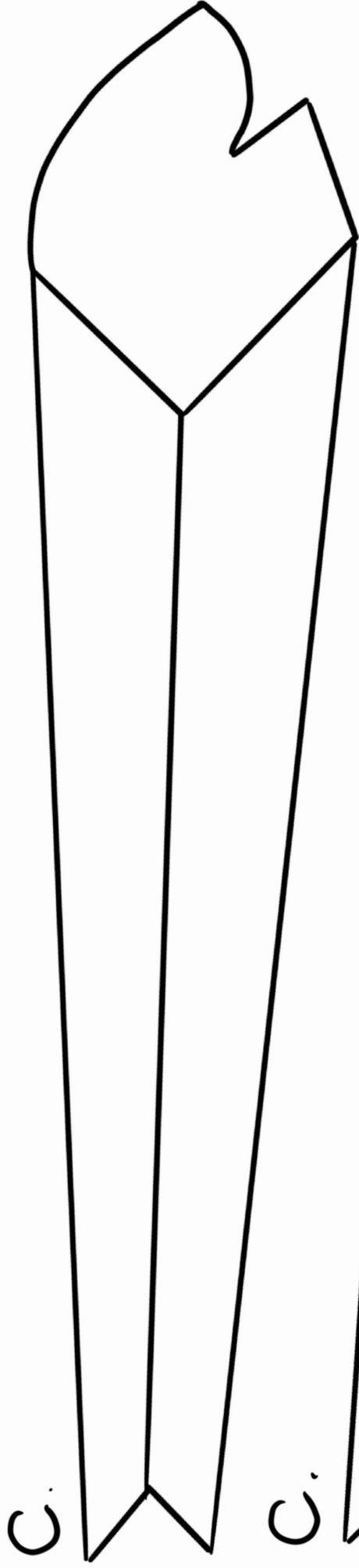


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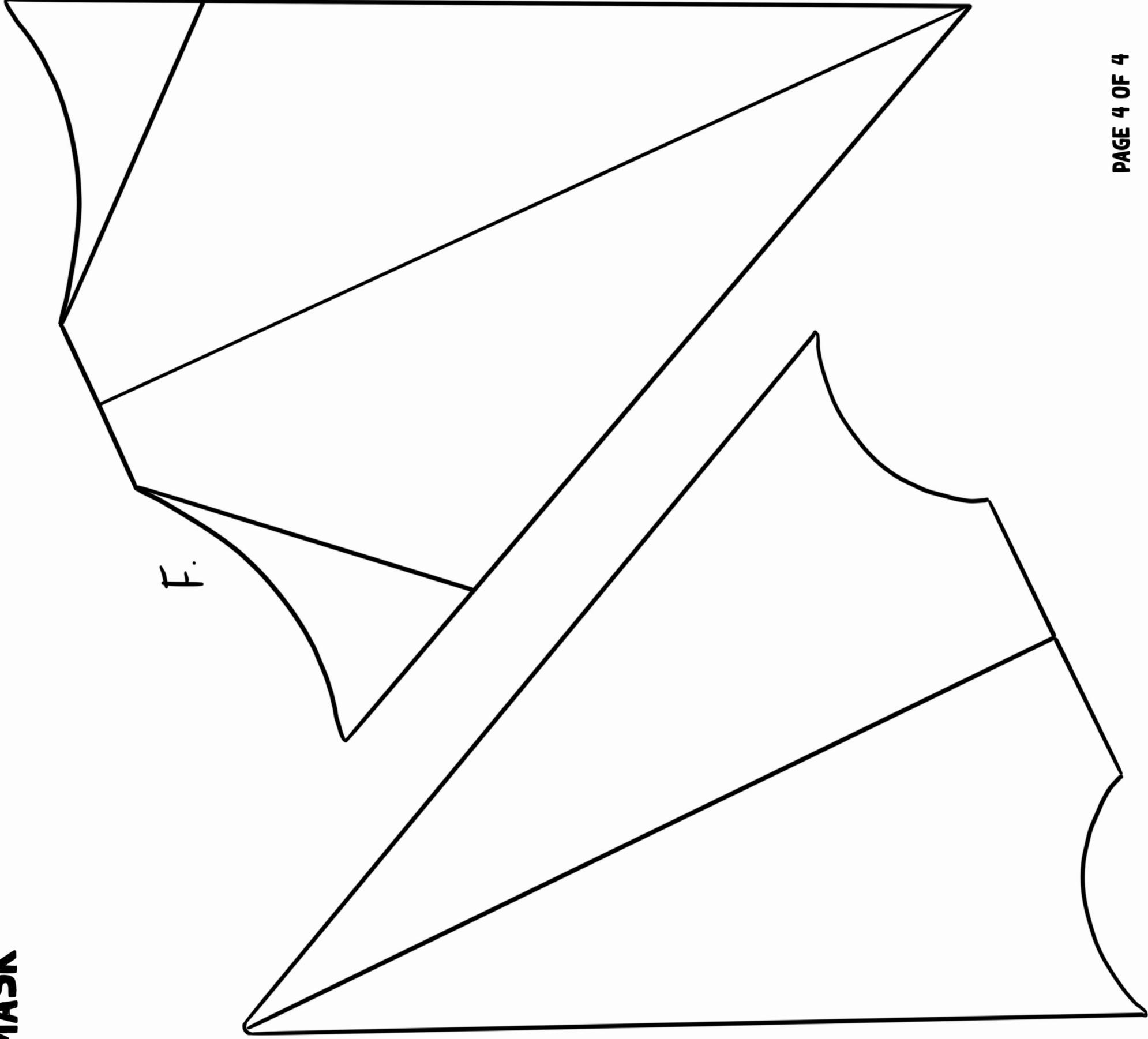
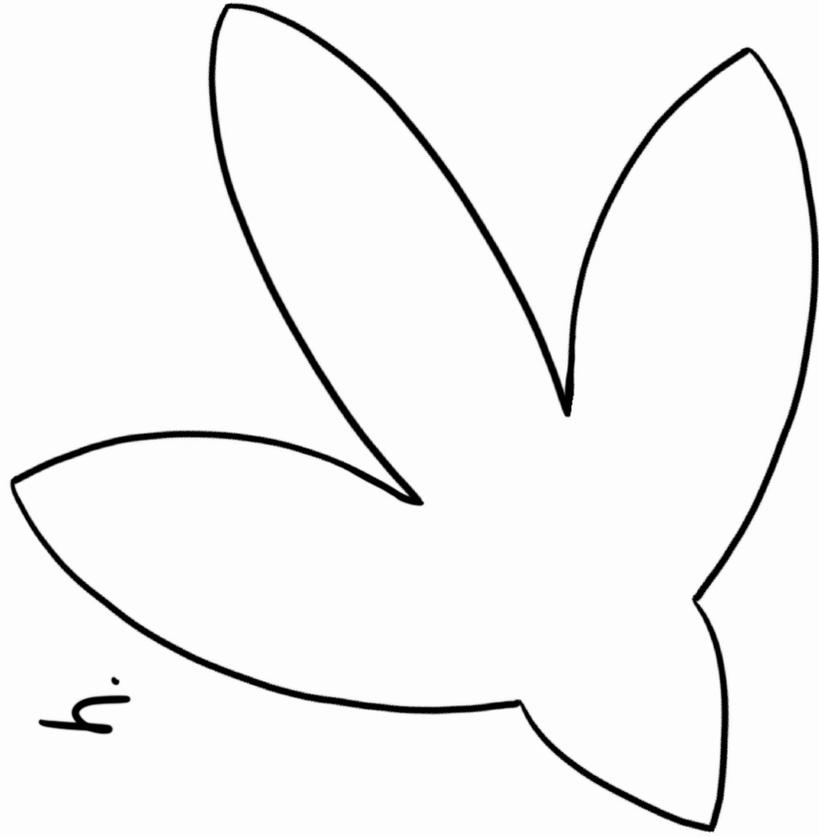
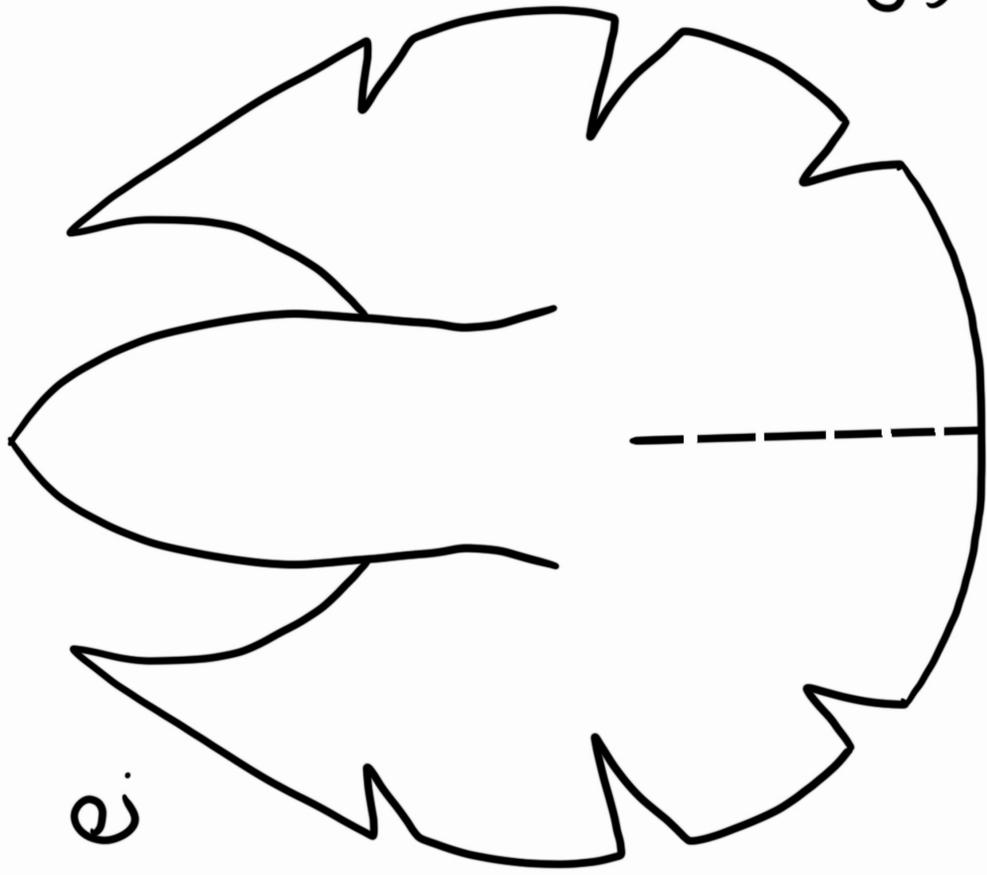
PETER AND THE WOLF: BIRD MASK



PETER AND THE WOLF: BIRD MASK



PETER AND THE WOLF: BIRD MASK



g.



Comic Book Characters



You will need

- Paper
- Pencils, Colour pens pencils paints etc

Comic Book Characters

Step One:

- First you are going to start by creating a character for your comic book.
- Use the first warm up sheet to help you to play the 'Exquisite Corpse' game.

Often this game is played in a group but here is a method to make it work just for one person and to get your ideas flowing.

Playing the game

- Start with several different pieces of paper (we have included three in the pack.) Draw a different head and shoulders on each one, and fold the paper. Then mix the pieces of paper until you don't know which one. Do the same as before. Draw the body. Finally mix them again and draw the legs.

Step Two:

- Unfold your pieces of paper and see what you have got. Perhaps there are elements of different segments that you would like to bring together to create your comic book character.
- Draw a new version of this character using your preferred elements.
- Now you can start to think about them as a character imagine what they might say or do.

Step Three:

- Another way to start to dream up different characters to inhabit your comic book world is to use a sheet of character prompts like the one on the next page.
- See what strange combinations you can dream up and try to sketch them out.

If you have enjoyed making a start with your comic book characters then join Jenna Clark online for lots more tips on how to complete your comic book. Go to:
<http://artsactive.org.uk/2020/04/06/create-your-own-comic-book/>

Exquisite Corpse Worksheet

Fold to here



Fold to here



Exquisite Corpse Worksheet

Fold to here



Fold to here



Exquisite Corpse Worksheet

Fold to here



Fold to here



Character Worksheet

Favourite Outfit:

Do they like to be fancy or comfy?

The items they carry:

eg. Magic items, snacks, technology

Draw where they live:

Instructions: Print out the list of character prompts below. Make sure to keep each column separate! Use the blank spaces to add your own ideas.

Character	Clothes and Accessories	Activity
Human	Wearing a suit	Playing the piano
Elf	Wearing a cool hat	Riding a scooter
Vampire	Wearing armour	Jumping up and down
Prince	Wearing a space suit	Cooking dinner
King	Wearing fancy trousers	Making a fire
Princess	Wearing a Christmas jumper	Taking a nap
Queen	Holding a sword	Fighting monsters
Wizard	Holding a big bag	Going for a swim
Cowboy	Holding a magic wand	Running a marathon
Ghost	Holding a saucepan	Exploring a cave
Fairy	Holding their favourite toy	Blowing bubbles
Dragon	Holding a bunch of flowers	Picking flowers
Cat	Carrying their pet	Playing in a garden

